

Patient instructions

Menopur[®]

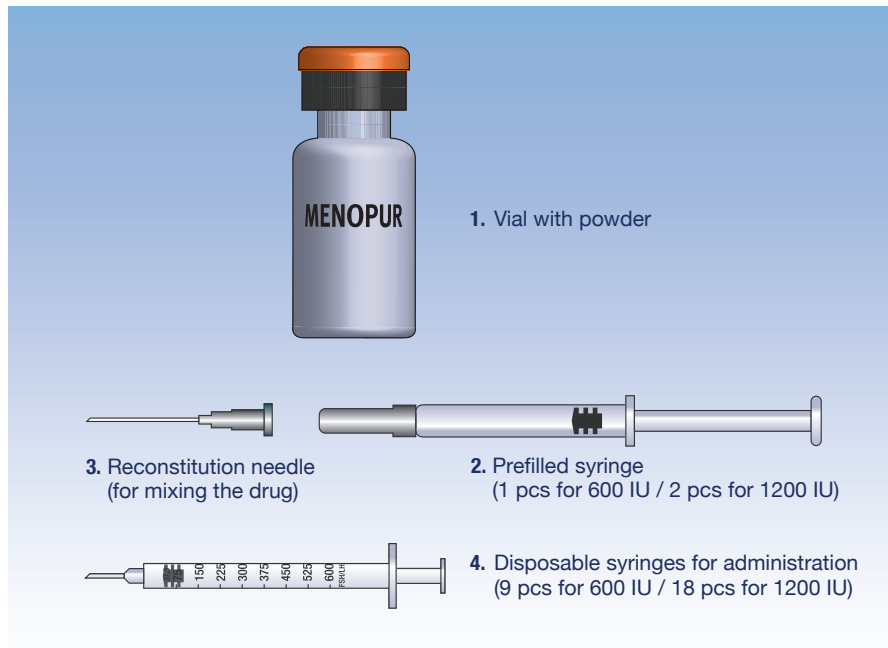
600 IU / 1200 IU

powder and solvent
for solution for injection



Be sure you have everything needed at hand before you begin the preparations

- 1 Vial with Menopur
(600 IU with orange cap / 1200 IU with white cap)
- 2 Prefilled syringe with solvent
(1 syringe for 600 IU / 2 syringes for 1200 IU)
- 3 Reconstitution needle (for mixing the drug)
- 4 Disposable administration syringes for injection
(9 syringes for 600 IU / 18 syringes for 1200 IU)

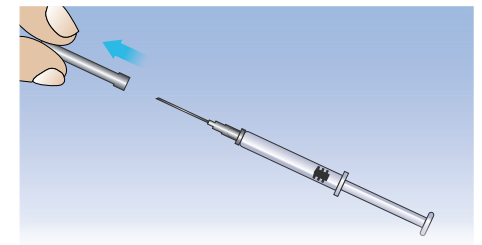
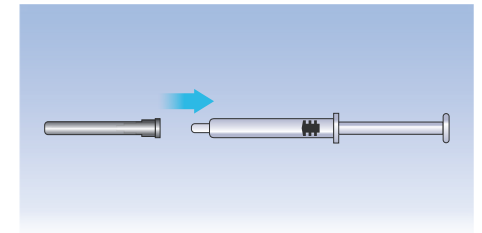
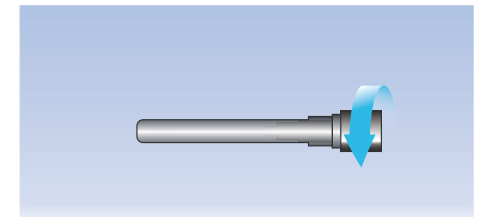
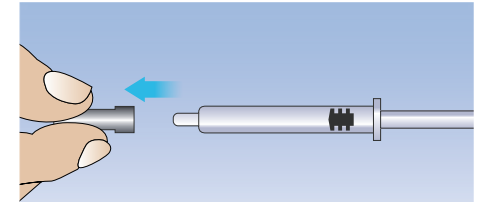
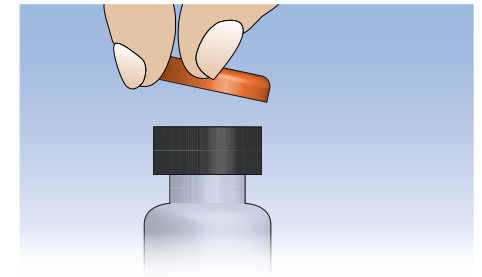


Important!

Menopur must be stored in the refrigerator before mixing.
The vial contains medication for several days of treatment.

Preparation

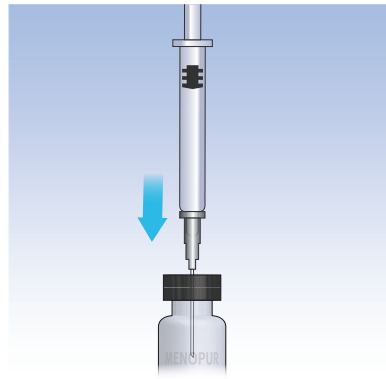
- 1 Remove the protective cap from the vial with powder.
- 2 Pull the rubber cap off the prefilled syringe.
- 3 Twist off the protective sleeve from the reconstitution needle.
- 4 Attach the reconstitution needle to the prefilled syringe.
- 5 Pull the needle cover off the reconstitution needle.



Mixing

- 1 Insert the needle through the center of the rubber stopper on the vial with powder, and slowly inject all the solvent into the vial to avoid creating bubbles.

After adding the solvent a slight over-pressure is created in the vial. Therefore, let go of the syringe plunger to let it rise up by itself for about 10 seconds. This will remove the over-pressure in the vial.



- 2 Remove the empty prefilled syringe with the attached needle from the vial.
- 3 Gently swirl the vial to dissolve the powder (do not shake).

The powder should dissolve quickly (within two minutes) to form a clear solution. Although this normally happens when only a few drops of solvent have been added, the entire amount of the solvent should be added. Do not use the solution if it is not clear or if it contains particles.

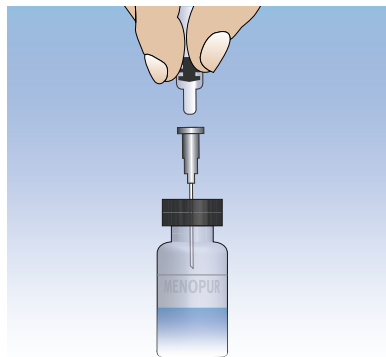


- 4 The medicine is now ready to use, or it can be stored at room temperature (below 25°C) for up to 28 days.

Note:

If you are mixing **Menopur 600 IU**, proceed to step 2.
If you are mixing **Menopur 1200 IU**, continue below.

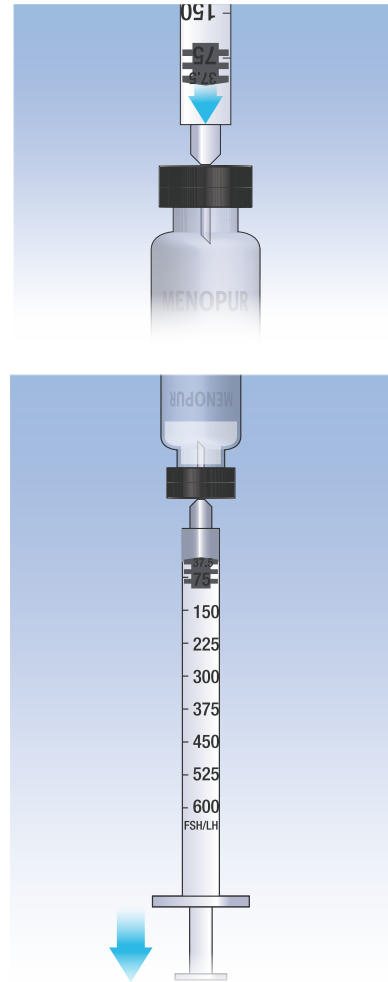
Make sure the needle tip is above the liquid level in the vial. Then unscrew the first prefilled syringe from the needle. Leave the needle in the vial.



Take the second prefilled syringe that came in the package. **Perform step 2 under “Preparation”** with this syringe as well. Then attach the syringe to the reconstitution needle sitting in the vial, and slowly inject all the solvent into the vial.

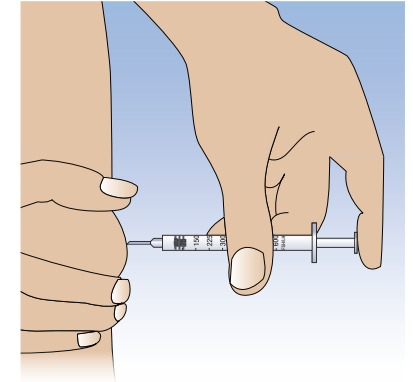
Injecting

- 1 Open one of the disposable administration syringes and remove the needle cover. Insert the needle through the stopper of the vial. It is important to puncture the center of the rubber stopper. Push the plunger all the way down, while keeping the needle above the liquid level.
- 2 Turn the vial upside down as shown in the picture, and withdraw the desired amount of solution into the administration syringe (use the graduation on the syringe). Remove the administration syringe from the vial. Hold the syringe upside down and draw in a small amount of air. Flick gently on the syringe so that any air bubbles rise up. Then slowly press the plunger until the first drop of solution appears at the tip of the needle.



Disinfect and inject as instructed by your doctor/nurse.

- 3 Grasp the skin on the right or left side of the stomach, with one hand. With the other hand, insert the needle into the skin at a 90 degrees angle. Slowly push the plunger until the syringe is completely empty. Then pull out the syringe. After removing the administration syringe, apply a light pressure to the injection site and gently massage it in order to disperse the solution under the skin.



- 4 Vary the injection site as directed by your doctor/nurse.
- 5 Place used needles in a waste container, such as an empty milk carton or bottle.
- 6 The remaining Menopur solution in the vial can be stored at room temperature (below 25°C) for up to 28 days.

Note:

The vial contains medication for several days of treatment. Therefore, only withdraw the exact dose prescribed by your doctor.

Important!

Before mixing:

Menopur must be stored in a refrigerator.

After mixing:

Menopur can be stored at room temperature ($\leq 25^{\circ}\text{C}$) for up to 28 days.

At felleskatalogen.no you can watch instructional films
for use of Menopur[®] powder and solvent for
solution for injection



Menopur[®] 600 IU



Menopur[®] 1200 IU